ORIGINAL ARTICLE

A phase II trial of gemcitabine and capecitabine in patients with unresectable or metastatic gallbladder cancer or cholangiocarcinoma: Southwest Oncology Group study S0202

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Abstract

Purpose Patients with gallbladder cancer or cholangiocarcinoma were treated with the combination of gemcitabine 1,000 mg/m² IV over 100 min on days 1 and 8 and capecitabine 650 mg/m² BID PO on days 1–14, administered every 21 days.

Methods The primary objective of this study was to assess the response rate (confirmed complete and partial responses) of gemcitabine and capecitabine used in advanced/metastatic biliary neoplasms. Secondary objectives included overall survival and toxicities.

Results The study accrued 57 patients from September 2003 to April 2005. Three patients were ineligible, and two others received no treatment. Characteristics of analyzable patients: 35 (67%) cholangiocarcinoma, 17 (33%) gall-bladder cancer; PS 0 (18 pts), 1 (26 pts), 2 (8 pts); 26 (50%) men; median age 58.8 years (29.5–85.6). Among 51

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patients evaluated for toxicity, 6 experienced grade 4 toxicities. Among 52 patients, there were 7 confirmed partial responses for a confirmed response probability of 13% (95% CI: 6–26%). Six patients had an unconfirmed partial response for an overall response probability of 25% (95% CI: 14–39%). Twelve patients (23%) demonstrated stable disease. The 6-month overall survival was 55% (95% CI: 41–69%), and median survival was 7 months (95% CI: 5–8 months).

Conclusions The combination of gemcitabine and capecitabine is a well-tolerated regimen with activity in patients with advanced gallbladder cancer and cholangiocarcinoma.

Keywords Gemcitabine · Capecitabine · Cholangiocarcinoma · Gallbladder · Clinical trial

Introduction

An estimated 9,760 new cases of gallbladder and other biliary cancers are diagnosed each year in the United States

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[1]. The highest prevalence of gallbladder tumors and cholangiocarcinomas in the United States is in Native Americans, for reasons that are unclear. Other countries with high rates of gallbladder cancer are Chile, Bolivia, and Mexico [2]. The primary modality of treatment for patients with limited-stage gallbladder cancers or cholangiocarcinomas is resection, but even these patients have a high recurrence rate. Most, however, present with locally invasive or advanced stage disease. Median survival for those presenting with locally advanced or metastatic gallbladder or cholangiocarcinoma is approximately 3–6 months, and overall 5-year survival for those with biliary tumors is less than 5% [1].

In the past, fluoropyrimidines have been the mainstay of treatment of advanced disease, alone or in combination (with drugs such as platinum, methotrexate, and adriamycin) and reported response rates ranged from 0 to 34% [3-7]. Additionally, there have been several phase II studies that have reported single-agent activity for the nucleoside analog gemcitabine [8-10]. Valle et al. presented the first clear randomized phase III establishing gemcitabine and cisplatin as a standard of care regimen for patients with advanced biliary cancer. With a primary end point of overall survival, patients were randomized to gemcitabine alone or gemcitabine in combination with cisplatin. They reported a median overall survival of 8.1 months for the gemcitabine alone and 11.7 months for the combination [11]. Nevertheless, treatments are based on the patient's performance status and can range from best supportive care to single-agent fluoropyrimidines or gemcitabine with cisplatin.

Lacking a randomized clinical trial, Eckel and colleagues reported a pooled analysis and review of all chemotherapy trials that had been done in biliary tract cancers. They found that the highest response rate combinations were gemcitabine with fluoropyrimidines and/or platinum [12]. Specifically, the combination of gemcitabine and 5-fluorouracil might be particularly efficacious. Gemcitabine may potentiate 5-fluorouracil's inhibition of thymidylate synthase. Gemcitabine diphosphate acts by inhibiting ribonucleotide reductase, an important enzyme for 5-FU conversion to fluorodeoxyuridine monophosphate (the active inhibitor of thymidylate synthase). This inhibition would be expected to be sequence dependent, occurring if gemcitabine was administered following fluorouracil [13]. When gemcitabine administered in a 30-min infusion was compared with a fixed dose rate of 10 mg/m²/ min in patients with pancreas cancer, the median survival time and 1- and 2-year survival rates were superior in the fixed dose rate arm, although with more hematologic toxicity [14].

Based on these data, the combination of fixed dose rate infusion gemcitabine and capecitabine, an oral fluoropyrimidine for patients with metastatic or advanced unresectable gallbladder cancer and cholangiocarcinoma, was tested in this Southwest Oncology Group study. Along with clinical outcomes, exploratory molecular and pharmacogenomic correlative studies were done on blood and tumor specimens to attempt to identify patients who may specifically benefit from therapy.

Patients and methods

Patients were required to have a cytologically or pathologically verified diagnosis of advanced or metastatic adenocarcinoma of the gallbladder or cholangiocarcinoma and could not be curable with surgery or radiation. Patients with measurable disease by Response Evaluation Criteria in Solid Tumors (RECIST) were considered eligible for the trial. Prior surgery was allowed more than 14 days prior to registration as long as patients had recovered. Patients may have received prior chemotherapy, hormonal therapy, immunotherapy, radiation therapy (to less than 25% of bone marrow), or chemoradiotherapy as neoadjuvant or adjuvant treatment. This must have been completed at least 12 months prior to documented recurrence or metastatic disease. Patients must not have received previous treatment for metastatic disease. Additional eligibility requirements included performance status Zubrod scale of 0-2, the ability to swallow and/or receive enteral medications via gastrostomy feeding tube, and the ability to absorb medication (i.e., no malabsorption syndrome). Patients must have had adequate bone marrow reserve as evidenced by AGC $\geq 1,500/\mu l$ and platelets $\geq 100,000/\mu l$, adequate hepatic function as evidenced by serum bilirubin $\leq 3.0 \times$ institutional upper limit of normal (IULN) and serum transaminases (SGOT or SGPT) $<2.5\times$ institutional upper limit of normal (IULN). If liver metastasis was present, SGOT or SGPT must be $\leq 5 \times$ institutional upper limit of normal. A measured or calculated creatinine clearance of 30 ml/min (utilizing G-K equation) was required. Patients with clinically significant cardiac disease not well controlled by medication were not eligible.

It was strongly recommended, but not required for entry that patients' blood/tissue specimens be submitted as detailed below.

Study design

This was a phase II, open-label, multicenter trial administered and monitored by the Southwest Oncology Group (SWOG). The primary objective of this study was to assess the confirmed response rate of the combination of capecitabine and fixed dose rate gemcitabine in patients with advanced disease. Secondary objectives included (1) assessment of overall survival in these patients; (2)



evaluation of quantitative and qualitative toxicities of this regimen; (3) assessment of the feasibility of accruing patients with this disease; (4) evaluation, in a preliminary fashion, of potentially relevant prognostic markers in gallbladder and cholangiocarcinoma. Patients received capecitabine 1,300 mg/m² every day on days 1 through 14. The total daily dose of capecitabine was divided into two equal doses and given in 12-h intervals on days 1 through 14. Capecitabine was available in 500 mg tablets, and 150 mg tablets were rounded down to the nearest 150 or 500 mg tablet. Patients received gemcitabine 1,000 mg/m² IV over 100 min, 10 mg/m²/min on days 1 and 8, followed by 1 week of rest. Each cycle was administered every 3 weeks, and patients were monitored for toxicity weekly at the treating physician's discretion. Patients were continued on protocol treatment until disease progression or until other reason for removal from protocol treatment.

All patients gave oral and written informed consent in accordance with institutional and federal guidelines. The protocol (ClinicalTrials.govIdentifier: NCT00033540) was approved by the Institutional Review Boards at participating institutions and was monitored by the Data and Safety Monitoring Committee of the Southwest Oncology Group.

Treatment assessments

Baseline assessments included medical history and physical examination, performance status, CBC with differential and platelet count, bilirubin, SGOT and SGPT, creatinine clearance, and diagnostic tumor imaging. Submission of tissue specimens for the evaluation of molecular correlates of genes in the fluoropyrimidine and gemcitabine pathways was strongly recommended. Institutions were also encouraged to submit blood samples.

During the study, history, physical exam, performance status, blood counts, SGOT, SGPT, and creatinine clearance were evaluated every 3 weeks. A blood count was checked weekly until after cycle 3. Toxicity assessment was performed weekly and was based on the National Cancer Institute Common Toxicity Criteria, version 2. Tumor response was assessed after every 2 cycles of

therapy (6 weeks) and coded in accordance with RECIST criteria.

Molecular correlates

DNA extraction

Peripheral blood or paraffin-embedded tissue samples were collected from 25 patients. Genomic DNA was extracted from white blood cells or paraffinized tissue using the QiAmp kit (Qiagen, Valencia, CA). Genomic DNA was obtained in 20 patients from peripheral blood and in 5 patients from paraffin-embedded tissue. We determined germ line polymorphisms in these 25 patients (Table 1).

Genotyping

Samples were tested using polymerase chain reaction restriction fragment length polymorphism (PCR–RFLP) technique. Briefly, forward and reverse primers were used for PCR amplification, PCR products were digested by restriction enzymes (New England Biolab, Massachussetts, USA), and alleles were separated on 4% NuSieve ethidium bromide-stained agarose gel. Forward and reverse primer, restriction enzymes, and annealing temperatures are listed in Table 1.

Statistical design

For the primary end point, the evaluation of response rate and the regimen of Gemcitabine and capecitabine would not be judged to be of further interest if the true confirmed response rate was 5% or less, but of considerable interest if it was 20% or more. A two-stage design was used for patient accrual. Initially, 20 eligible patients were accrued. If none of these first 20 patients responded, then the regimen was considered to be of no further interest. If one or more patients responded, an additional 20 eligible patients would be accrued. Five or more responders of a total of 40 patients (observed confirmed response rate of 13%) were considered as evidence that this regimen warranted further testing, provided other factors, such as toxicity and

Table 1 Primer sequences, annealing temperatures and restriction enzymes

		•		
Gene	Forward primer	Reverse primer	Enzyme	Annealing (°)
MTHFR 677	CTTTGGGGAGCTGAAGGA CTACTAC	CACTTTGTGACCCCG GTTTG	Hinf I	62
MTHFR 1298	CTTTGGGGAGCTGAAGGA CTACTAC	CACTTTGTGACCCCGGTTTG	Mbo II	60
TS 3' UTR	CAAATCTGAGGGAGCTGAGT	CAGATAAGTGGCAGTACAGA	Dra I	58
TS 5' repeat	GTGGCTCCTGCGTTTCCCCC	GCTCCGAGCCGGCCACAGGCATGGCGCGG	Hae III	65
CDA A79C	GGTACCAACATGGCCCAGAA	CCTTTGAAGATTCTCCCCTCC	NA	62
RRMI	TTCCTTGTAGGGTTTGAAGA	AGGATCCACACATCA GACAT	NA	57



survival, appeared favorable. The planned design had a significance level of 0.047 and a power of 0.92. Forty patients would have been sufficient to estimate the 6-month survival rate and the probability of a particular toxicity to within $\pm 16\%$. There was a surge in accrual just before study closure; in order to maintain the same significance level, the threshold for rejection of the null hypothesis was revised down to an observed confirmed response rate of 12%. The power of this test based on actual accrual was 96%. It was proposed that molecular correlates for genes in the fluoropyrimidine and folate pathway would be explored in a very preliminary fashion.

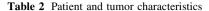
Results

Patient characteristics

This study was activated in September 2003, satisfied the first-stage response criterion, and continued to a second stage of accrual. At closure in April 2005, 57 patients were accrued. Characteristics of analyzable patients: 35 (67%) cholangiocarcinoma, 17 (33%) gallbladder cancer; PS 0 (18 pts), 1 (26 pts), 2 (8 pts); 26 (50%) men; median age 58.8 years (29.5–85.6) [Table 2]. Three patients were found to be ineligible (one due to a baseline CT scan being done too early; one did not have pathological confirmation of adenocarcinoma; and another did not have measurable disease). Two patients never received treatment and are not analyzable for any end point. Thus, 52 patients were eligible and evaluable for response and survival outcomes. One additional patient went off study prior to any assessment of side effects and is not evaluable for toxicity. Fourteen patients discontinued treatment for adverse events or side effects, 6 patients refused therapy unrelated to adverse events, 26 patients progressed, and there was 1 death. Five patients were off therapy for other reasons not specified.

Treatment efficacy

There were 25 eligible patients accrued in the first stage, and 1 confirmed and two unconfirmed partial responses were observed, which met the initial objective of the study. The objective responses to the combination of gemcitabine and capecitabine for the entire trial are summarized as follows: there were 7 patients with confirmed partial responses for a confirmed response probability of 13% (95% CI: 6–26%), six unconfirmed partial responses for an overall response probability of 25% (95% CI: 14–39%), and no complete responses. There were 12 patients (23%) with stable disease, 15 (29%) with progressive disease, 3 (6%) with symptomatic



Age	
Median	58.8
Range	29.5–85.6
Sex	
Male	26 (50%)
Female	26 (50%)
Race	
White	37 (71%)
Black	6 (12%)
Asian	6 (12%)
Native American	1 (2%)
Unknown	2 (4%)
Ethnicity	
Non-Hispanic	47 (90%)
Hispanic	4 (8%)
Unknown	1 (2%)
Zubrod performance status	
0	18 (35%)
1	26 (50%)
2	8 (15%)
Primary site	
Cholangiocarcinoma	35 (67%)
Gallbladder cancer	17 (33%)
Site of metastasis	
Liver	45 (87%)
Lung	16 (31%)
Abdominal disease? peritoneal	12 (23%)
Regional lymph nodes	21 (40%)
Prior surgery	23 (44%)
Prior adjuvant therapy	
Radiation	3 (6%)
Chemotherapy	2 (4%)

deterioration, one (2%) early death, and 8 (15%) with inadequate assessment. Forty-nine of the 52 eligible patients have died, with a median overall survival of 7 months (95% CI: 5–8 months) [Fig. 1]. Of the three patients last known to be alive, the median follow-up was 11 months.

Toxicity

Among the 51 patients evaluated for toxicity, the most frequent toxicities reported were grade 1 or 2 and included liver function abnormalities, diarrhea, fatigue nausea, vomiting, and hematologic toxicity. The grade 3 toxicities included liver function abnormalities, fatigue, diarrhea, hand/foot syndrome, and hematologic toxicity. There were six patients who experienced grade 4 toxicities: one patient



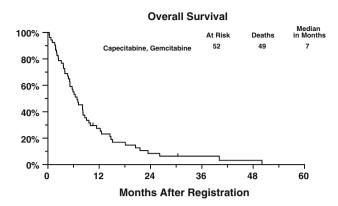


Fig. 1 Kaplan-Meier curve for overall survival in patients with unresectable or metastatic gallbladder cancer or cholangiocarcinoma treated with gemcitabine and capecitabine

experienced grade 4 muscle pain and grade 4 thrombosis/ embolism, one patient experienced grade 4 fatigue, and 4 patients experienced grade 4 neutropenia, one of whom also experienced grade 4 leukopenia and grade 4 thrombocytopenia.

Fourteen patients were removed from protocol therapy due to adverse events: hematologic (5 patients), hepatic toxicities (4), fatigue (2), elevated alkaline phosphatase (2), and hand/foot syndrome (1) [Table 3]. One patient should have been removed from protocol therapy for the recurrence of neutropenia and thrombocytopenia after having been dose reduced twice.

Biologic markers

The SWOG Statistical Center received genotyping on 23 patients registered to this trial. One patient was ineligible and is not included in this analysis.

Of the 22 patients evaluated, one is last known to be alive, with follow-up time of 30 months. Median overall survival for this group was 7 months (95% confidence interval of 4–9 months. The characteristics of this subset of patients were consistent with those of the entire patient population of this study.

Three polymorphisms in the TS gene have been identified. TSER polymorphism, the promoter-enhancer region is a tandem repeat upstream of the TS translational start site and contains either double (2R) or triple (3R) repeats of 28-bp sequences. These have been found to be associated with the auto-regulation of TS transcription and translation. Another functional variant within the 5' UTR region of the TS gene has been identified, and the TS 2R/3R repeat is now studied together with a G to C single nucleotide polymorphism within the second repeat of the 3R allele (TSER 3R G/C). The TSER 3RC/3RC genotype caused lower transcriptional activity of TS comparable with the TS 2R/2R genotype. Another functional TS polymorphism is the 6-bp deletion/insertion within the 3' UTR region of the TS gene. This has been shown to decrease RNA stability and influence TS mRNA and TS protein expression [15,

The TS 2R/3R repeat and the TSER 3R G/C were analyzed jointly and classified into TS 5' UTR functional status as 5' UTR Low [2R/2R, 2R/3R(C), or 3R(C)/3R(C)], 5' UTR Intermediate [2R/3R(G) or 3R(C)/3R(G)], and 5' UTR High [3/R(G)/3R(G)] as classified by Lurje et al. [16].

Other polymorphisms that have been associated with the pathways of these agents, MTHFR, RRMI, and CDA, were also evaluated.

Given the small sample number and the limitations of such, overall survival in the TS 5' GC combined group was

Table 3 Commonly observed toxicities (adverse events that were unlikely or not related to treatment were excluded)

Adverse event	Capecitabine, gemcitabine ($n = 51$) Grade					51)	Adverse event	Capecitabine, gemcitabine $(n = 51)$						
								Grade						
	0	1	2	3	4	5	•	0	1	2	3	4	5	
Blood/bone marrow	6	7	13	21	4	0	Musculoskeletal/soft tissue	46	0	4	1	0	0	
Cardiac arrhythmia	49	0	1	1	0	0	Neurology	43	7	1	0	0	0	
Cardiac general	48	1	2	0	0	0	Ocular/visual	48	3	0	0	0	0	
Constitutional symptoms	11	21	11	7	1	0	Pain	30	10	8	2	1	0	
Dermatology/skin	24	11	12	4	0	0	Pulmonary/upper respiratory	45	4	2	0	0	0	
Gastrointestinal	7	21	13	10	0	0	Renal/genitourinary	48	0	3	0	0	0	
Hemorrhage/bleeding	49	0	1	1	0	0	Vascular	48	0	2	0	1	0	
Hepatobiliary/pancreas	47	0	4	0	0	0								
Infection	44	0	5	2	0	0	Maximum grade any adverse event							
Lymphatics	43	6	2	0	0	0	Number	0	2	12	31	6	0	
Metabolic/laboratory	15	11	14	11	0	0								



Table 4 Polymorphisms of genes in folate pathway and overall survival

Genotype	Frequency (%)	Median overall survival in months (95% CI)			
TS 3'					
+/+	14/22 (64)	7 (4–13)			
±	6/22 (27)	7 (2–7)			
-/-	2/22 (9)	9 (2 to NR)			
TS 5'					
2R/2R	6/22 (27)	13 (4–13)			
2R/3R	14/22 (64)	7 (2–9)			
3R/3R	2/22 (9)	15 (2 to NR)			
TS 5' GC					
2R/2R	6/22 (27)	13 (4–13)			
2R/3R(C)	8/22 (36)	9 (2–9)			
3R(C)/3R(C)	2/22 (9)	15 (2 to NR)			
2R/3R(G)	6/22 (27)	7 (2–7)			
3R(G)/3R(C)	0/22 (0)	_			
3R(G)/3R(G)	0/22 (0)	_			
TS 5' functional significance					
Low	16/22 (73)	9 (4–12)			
Intermediate	6/22 (27)	7 (2–7)			
High	0/22 (0)	_			
MTHFR C677T					
C/C	11/22 (50)	6 (4–9)			
C/T	11/22 (50)	7 (2–13)			
T/T	0/22 (0)	_			
MTHFR A1298C					
A/A	11/22 (50)	7 (4–12)			
A/C	8/22 (36)	4 (2–6)			
C/C	3/22 (14)	9 (5–9)			
RRMI G/A					
G/G	9/22 (41)	7 (4–7)			
G/A	10/22 (45)	9 (2–12)			
A/A	3/22 (14)	5 (4–5)			
CDA A79C					
A/A	8/21 (38)	4 (2–5)			
A/C	12/21 (57)	7 (5–9)			
C/C	1/21 (5)	_			

reportedly the longest at 15 months for the 3R(C)/3R(C) [Table 4; Fig. 2]. There was no association of any of the polymorphisms with response rate. Further, of all the polymorphisms evaluated, this was the only one that correlated clinically.

Discussion

There is currently no standard regimen for the treatment of advanced biliary cancer. Most commonly, single-agent gemcitabine or 5FU is used, with occasional combinations (including gemcitabine plus platinum) being offered. In our trial, the combination of gemcitabine and capecitabine was well tolerated, with 7 confirmed responses and an additional 6 unconfirmed responses, giving an overall response probability of 25% and an overall survival of 7 months. Generally, the reported toxicities were hematologic and manageable.

There have been four other phase II studies reported using the combination of gemcitabine and capecitabine in patients with biliary tumors. All were single institution trials. Riechelmann and colleagues at Princess Margaret in Canada report on a total of 75 patients treated with gemcitabine and capecitabine for advanced biliary cancer, detailing a response rate of 29% and an overall survival of



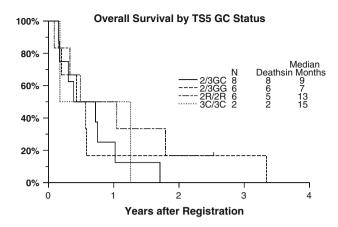


Fig. 2 Overall survival by TS5 status in patients with unresectable or metastatic gallbladder cancer or cholangiocarcinoma treated with gemcitabine and capecitabine

12.7 months [17]. A second study performed in South Korea with a total of 44 patients had a response rate of 32% and median overall survival of 14 months [18]. In this trial, 23% of patients accrued had locally advanced disease, and 16% of patients had cancer of the ampulla, both of which tend to have a better prognosis. A third trial from Roswell Park accrued a total of 12 patients over 2 years with a response rate of 16% (the lowest response rate reported of the three studies) [19]. In these studies, there did not appear to be any significant issues with toxicity. Lastly, an abstract presented at ASCO 2009 with this combination revealed an overall response rate of 30% and median time to progression of 7.4 months [20].

In our study, the confirmed responses and overall survival appear to be lower than that which has been generally reported. The overall response rate is consistent with the larger of the 4 previous reports using this combination. Although our overall response rate was similar, this did not translate into a median overall survival of a year, as described in the other trials.

Our study was conducted through the cooperative group setting, which usually offers a patient selection more representative of the community than single institution trials. Cooperative group studies usually report efficacy results inferior to those seen in highly selected patients from single institution trials. Further, the patient characteristics in these trials differed. For example, the Korean trial potentially reported on a better prognostic group of patients, thereby resulting in a higher response rate and median overall survival. There may also be potential inherent differences in the Korean population, related to the unidentified genetic differences within these populations in terms of the natural course of the disease, response, and tolerability to chemotherapy.

Other trials with gemcitabine-containing regimens have also been conducted, including combinations with

docetaxel, oxaliplatin, cisplatin, and carboplatin [21–23]. Gemcitabine with oxaliplatin was reported by GERCOR, with the combination reporting a response rate of 33% and a median overall survival of 8.3 months [23]. Other platinum-containing regimens report 20–24% response rates and similar median overall survivals [21, 22]. The tolerability of these regimens varies. Current NCCN guidelines suggest the combination of gemcitabine and cisplatin be considered the standard of care for advanced biliary patients, as per the ABC-02 trial [11].

Nevertheless, the combination of gemcitabine and capecitabine is reasonable to consider in patients with metastatic or advanced biliary cancer. The study reached the primary objective with the evaluation of confirmed response rates. The regimen was well tolerated with the most significant toxicities being hematologic, consistent with what has been reported with gemcitabine as a single agent. Furthermore, the gemcitabine was administered as a fixed dose rate infusion, which tends to cause more hematologic toxicity as well. Other more common grades 3 and 4 toxicities were related to liver function abnormalities, which may be a function of the patients underlying biliary disease. Fatigue was also more commonly reported. Given these clinical data, the combination of gemcitabine and capecitabine is a reasonable option in the treatment of patients with advanced biliary cancer.

Evaluation of the molecular correlates was limited due to the small number of samples and frequency of the polymorphisms. Although no clear associations or conclusions regarding outcome can be made, the longest overall survival was reported in the functional polymorphism TS 5' GC, which causes a lower transcriptional activity of TS, consistent with previous data with treatment with fluoropyrimidines. The data are limited but are interesting in that evaluation in larger clinical studies is warranted.

The combination of gemcitabine and capecitabine is a reasonable approach to the treatment of patients with advanced biliary cancer, a disease that has limited treatment options. Although the combination of gemcitabine and cisplatin is considered standard of care, not all patients may be candidates for cisplatin, the use of capecitabine offers an alternative therapy. There is an ongoing clinical trial within SWOG (S0809) using gemcitabine with capecitabine and radiation for patients with biliary cancer in the adjuvant setting. Further studies to evaluate chemotherapy should consider the role of novel targeted therapies in this disease process. Both EGFR1 and EGFR2 have been shown to be overexpressed, and combining chemotherapy with such agents may offer improved outcome. Other novel targets to consider in this disease include antiangiogenic therapies. Clearly, there is a need for continued improved therapeutics in biliary cancer, and this reported



combination offers another option of a potential combination as a starting point upon which to build.

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